



## Earthquake Preparedness

### Before An Emergency Strikes

In Alameda County, our major types of **emergency and disaster incidents** can include **earthquakes, floods, wildland fires, power outages, mass casualty incidents, civil disturbances, public health emergencies, and impacts from northern California terrorism**. Any of these incidents can leave families, individuals, and facilities isolated and without power, water, or transportation for many days.

To be ready for emergencies, we recommend that you find out more about individual, family, neighborhood, and business preparedness. By preparing to help each other after a major emergency, we can all do our part to be survivors and help the community recover faster.

### Creating Your Family and Neighborhood Emergency Plans

Emergencies may happen when you and your family members are away from home, so familiarize yourself with plans at your workplace, school, or daytime location. After creating a household and neighborhood emergency plan, take the time to review it with your family and neighbors every six months. Emergency plans should include:

- **Meet with household members** to discuss the dangers and your response to possible emergency events
- Teach adults how to turn off the water, gas, and electricity at main switches
- **Designate an out-of-state contact person** who all family members will call if they become separated
- Learn how to use fire extinguishers and first aid supplies
- Have a **battery powered or hand crank AM/FM radio or TV**
- **Identify a meeting place** where your family and others in the neighborhood can meet to account for everyone and treat injuries
- Take a **basic first aid and CPR class** (Contact American Red Cross for more information)
- Keep **family records** in a water and fireproof safe (Inexpensive models can be purchased at most hardware stores). Keep copies of important documents and supplies in a **“go kit”** in case you need to evacuate quickly
- Have sufficient **cash** on hand as the banks and ATMs may not be functioning for several days
- Assemble or purchase your home, car, and office **emergency preparedness kits** for survival
- Have **emergency water supplies** at home, in the car, and at the office
- If forced to **evacuate**, take your pets and enough food, water, & medicines for them
- Use **camping supplies** if needed for cooking and shelter if power is out, but do not grill or light fires indoors
- **Check for gas leaks** before lighting matches or fires
- **Wear sturdy shoes** or boots to avoid getting cut by debris
- Consider throwing a **“block party”** to organize your neighborhood or business neighborhood for emergencies
- **After an earthquake:** treat family and neighborhood injuries, check utilities and shut off if needed, stabilize your household and neighborhood, share food and water supplies.

## Alameda County/Bay Area Emergency Alert Radio Stations

(Where to listen for emergency information)

KCBS – 740 AM – News

KQED – 88.5 FM – News & Information

## Major Bay Area Television Stations

KAXT TV 1

KGO TV 7

KDTV TV 14 (Univision)

KTVU TV 2

KQED TV 9

KFTL TV 28

KRON TV 4

KNTV TV 11

KSTS TV 48 (Telemundo)

KPIX TV 5

KBCW TV 12

KKPX TV 65

## Emergency Notification

**Emergency Alert System (EAS):** Alameda County and its jurisdictions have access to the Emergency Alert System, a partnership with local media in which emergency messages are broadcast to the public, giving emergency instructions for residents and visitors over local and regional media outlets. Official EAS radio stations are **KCBS 740 AM & KQED 88.5 FM**

**AC Alert Mass Notification System:** Alameda County has joined with our City partners to develop a unified mass notification system to alert the public, businesses, and responders of community and emergency public information for emergencies and disaster that will provide instructions and protective action information. You can sign up to receive AC Alert notifications at: [www.acalert.org](http://www.acalert.org)



## Shelter-In-Place

**Shelter-in-place** means to take immediate shelter wherever you are to avoid harm. In the event of a chemical spill or release, you may be instructed to remain indoors and shut off outside air intake to avoid harmful fumes that may have been dispersed into the air. Listen to local radio and TV for emergency instructions. Have your emergency supplies ready.

## Evacuation

If **evacuation** becomes necessary due to an emergency situation, you will be instructed to leave your home and neighborhood and to seek a safe location. Shelter sites and evacuation routes will be designated. Listen to local radio and TV for emergency instructions. Take your emergency supply “go kit” with you.

For more information on Emergency Preparedness for Alameda County residents, neighborhoods, and business facilities contact the Alameda County Sheriff’s Office of Homeland Security and Emergency Services at [925-803-7996](tel:925-803-7996) or email [pheess@acgov.org](mailto:pheess@acgov.org) View our preparedness website at: [ready.acgov.org](http://ready.acgov.org)